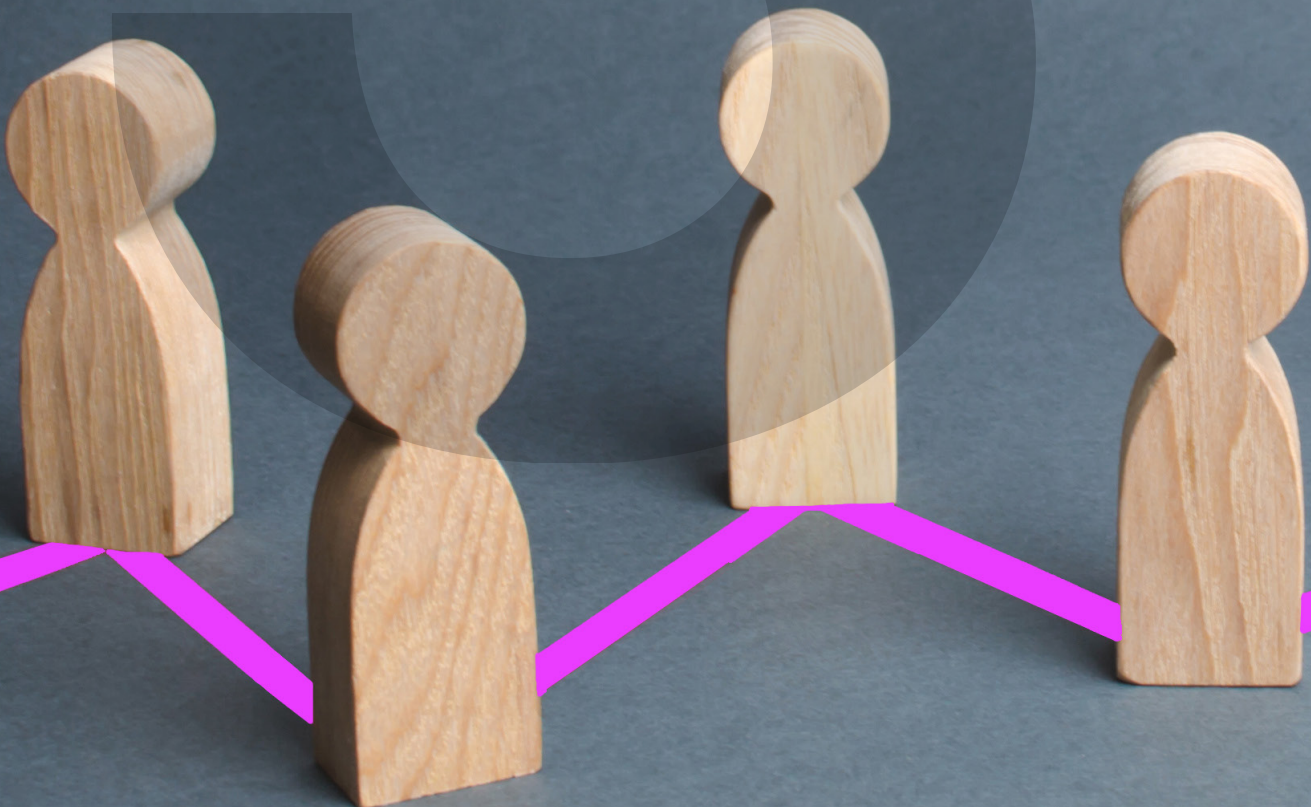
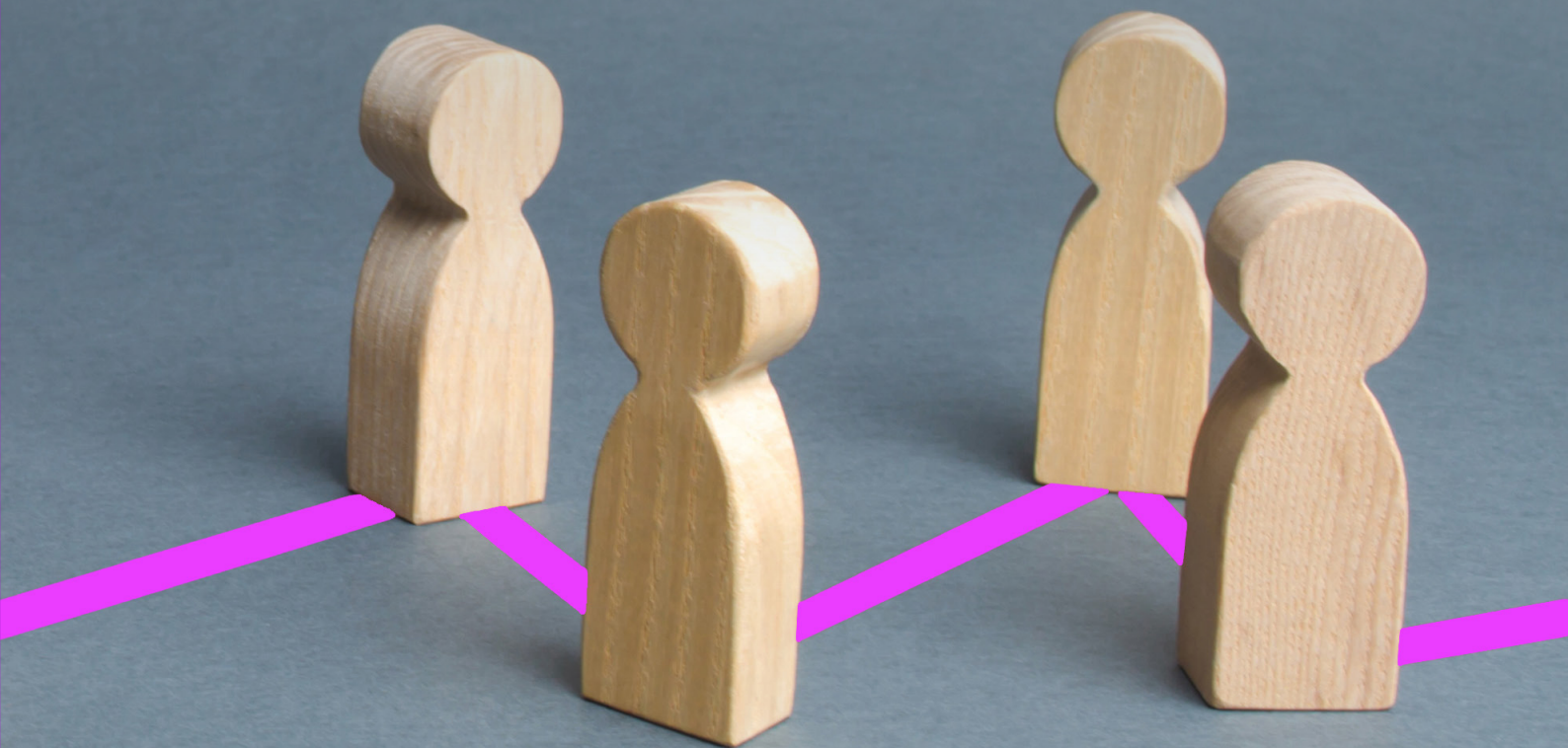


Additional background information



Task Force Additional background information

This resource is based on a fictional illness called Exan. All information, data, organisations and people referred to in this booklet are fictitious.

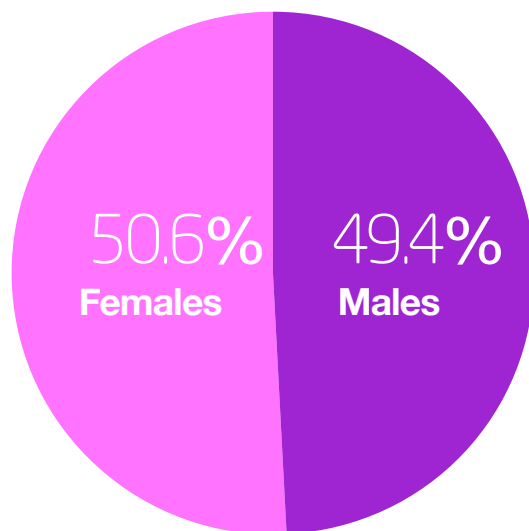


Task Force Additional background information

The age and sex structure of the UK in 2019

**Total number of people in 2019
(UK)**

66,796,807



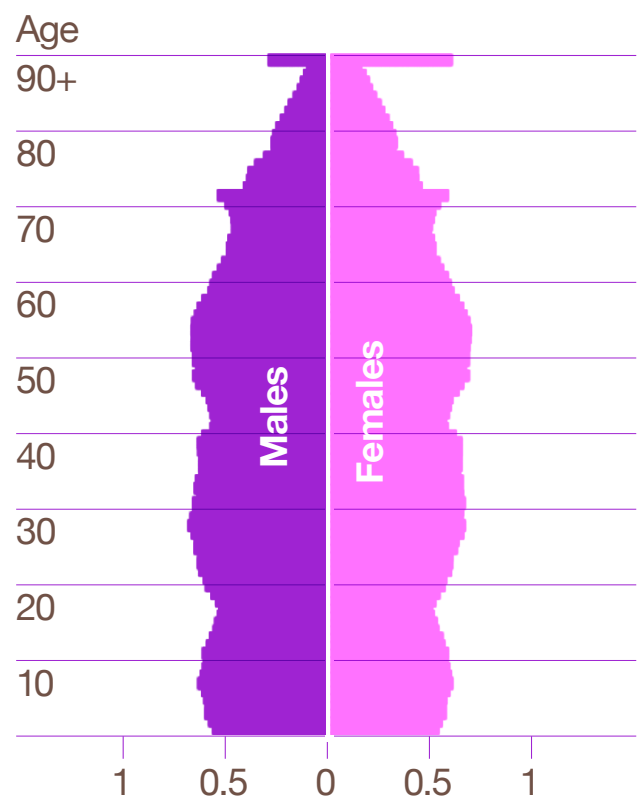
**Males
(All ages)**

32,978,299

**Females
(All ages)**

33,818,578

**Percentage of population
(In age band)**



Task Force Additional background information

The population of England and Wales by Ethnicity (2011 census data)%

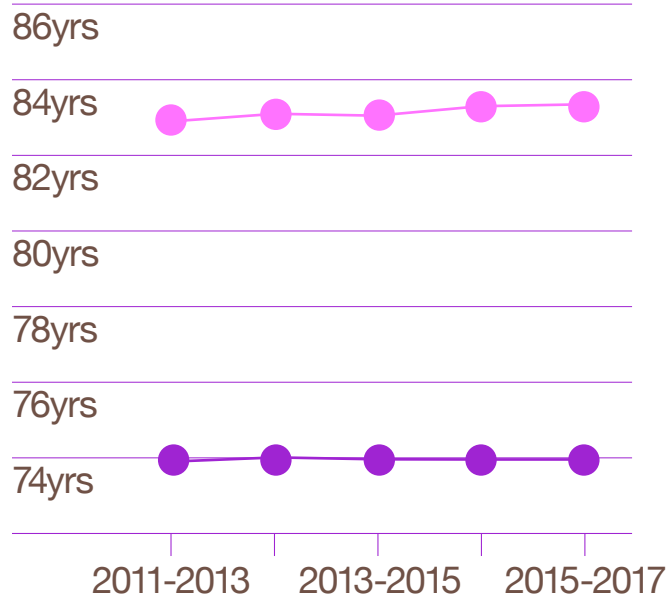
Ethnicity	Number	%
All	56,075,912	100
Asian	4,213,531	7.5
Bangladeshi	447,201	0.8
Chinese	393,141	0.7
Indian	1,412,958	2.5
Pakistani	1,124,511	2.0
Asian other	835,720	1.5
Black	1,864,890	3.3
Black African	989,628	1.8
Black Caribbean	594,825	1.1
Black other	280,437	0.5
Mixed	1,224,400	2.2
Mixed White/Asian	341,727	0.6
Mixed White/Black African	165,974	0.3
Mixed White/Black Caribbean	426,715	0.8
Mixed other	289,984	0.5
White	48,209,395	86
White British	45,134,686	80.5
White Irish	531,087	0.9
White Gypsy Traveller	57,680	0.1
White other	2,485,942	4.4
Other	563,696	1.0
Arab	30,600	0.4
Any other	333,096	0.6

Task Force Additional background information

Life expectancy by sex and level of deprivation in England

Males

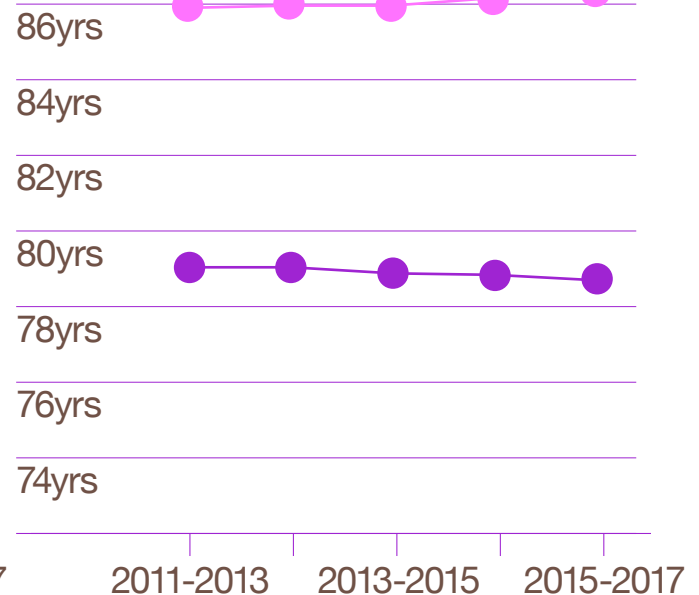
Expected years of life



● Least deprived 10%
● Most deprived 10%

Females

Expected years of life

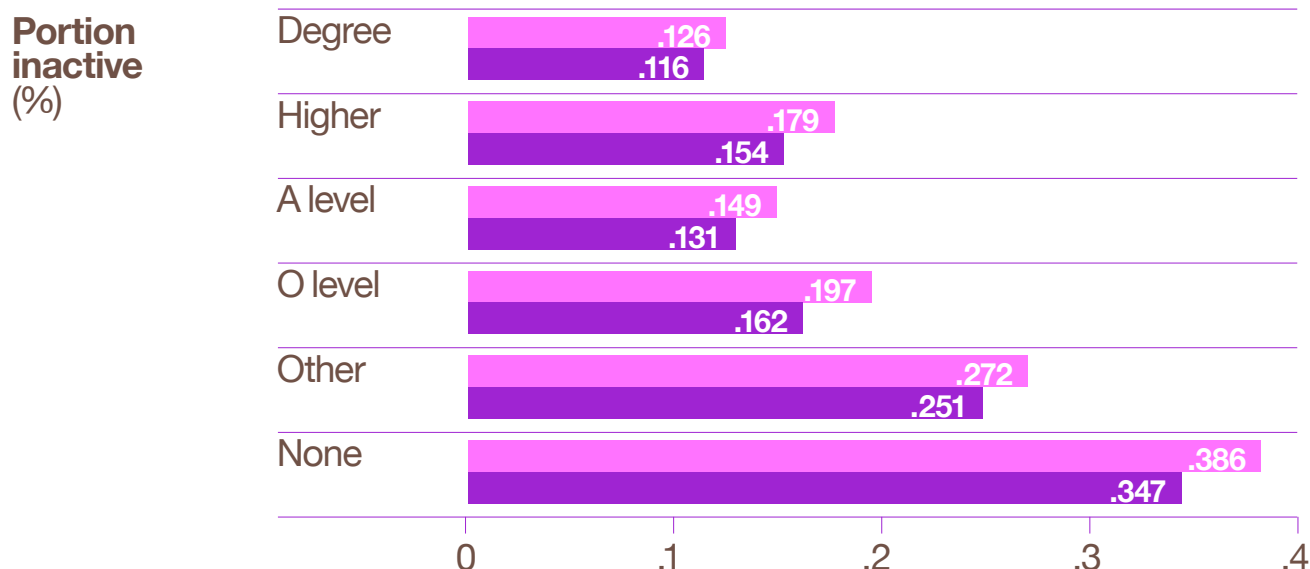


● Least deprived 10%
● Most deprived 10%

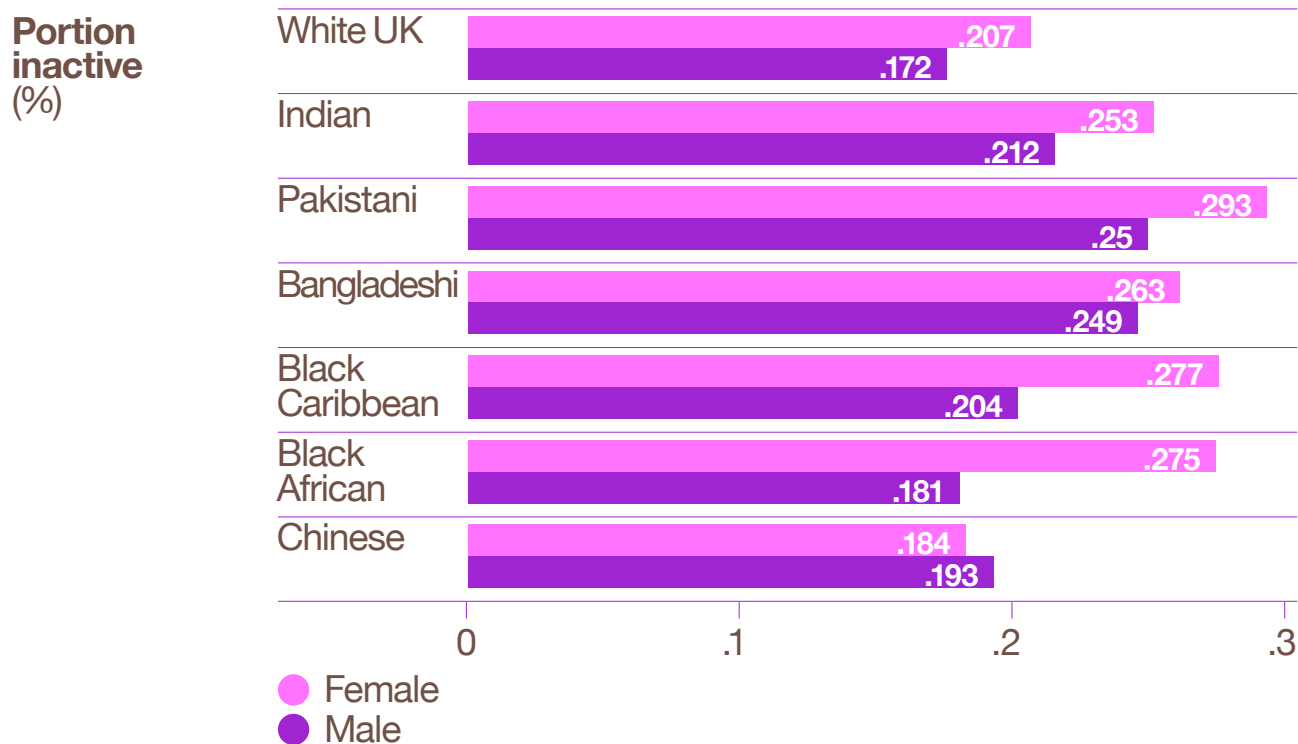
Source: ONS Health state life expectancies by deprivation decile, England, 2011/2013-2015/2017

Task Force Additional background information

Proportion of physically inactive adults by highest level of qualification



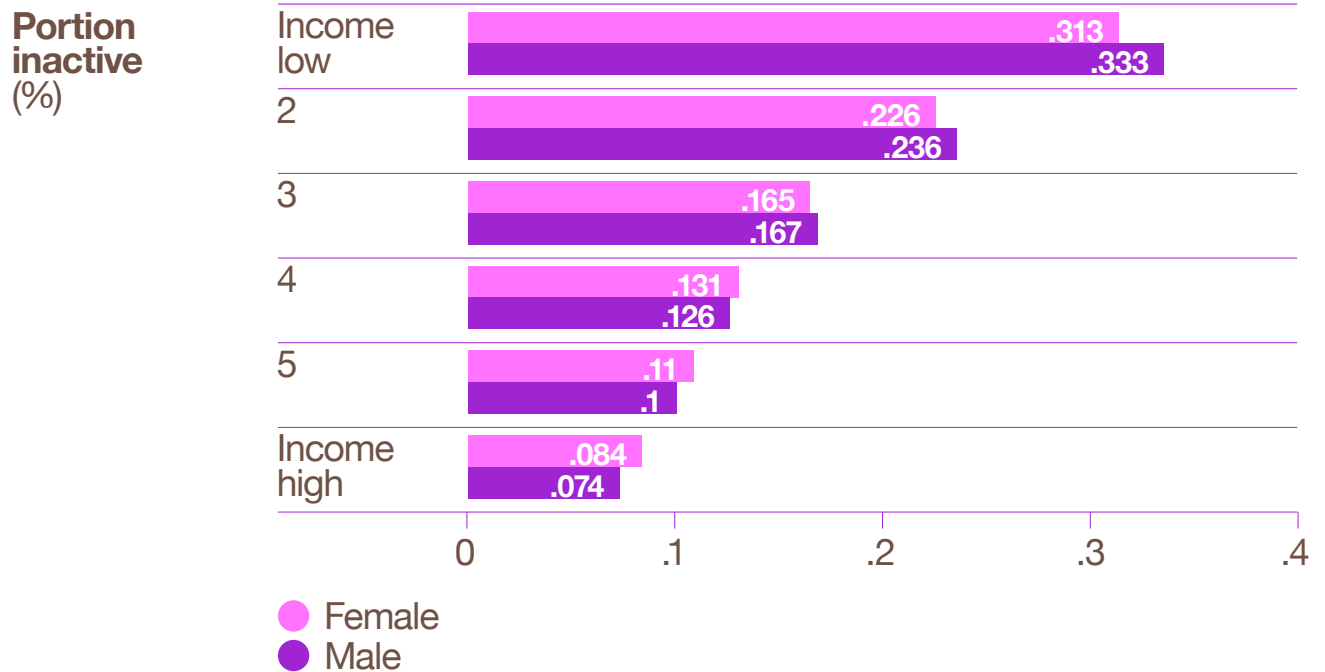
Proportion of physically inactive adults by ethnicity



We define physically inactive as reporting not having walked or cycled for at least 30 continuous minutes at least once in the last four weeks, nor reported participating in any other type of sport or recreational physical activity of any duration.

Task Force Additional background information

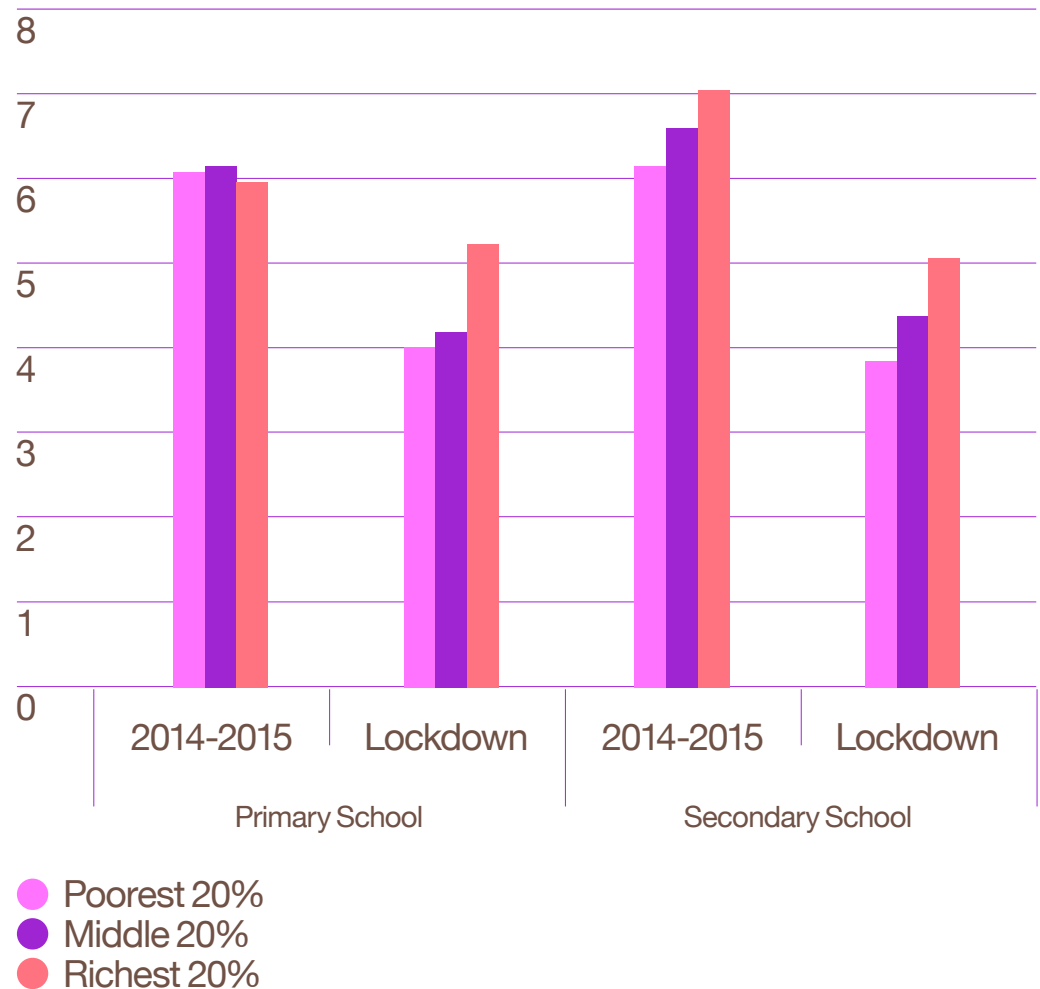
Proportion of physically inactive adults by household income



We define physically inactive as reporting not having walked or cycled for at least 30 continuous minutes at least once in the last four weeks, nor reported participating in any other type of sport or recreational physical activity of any duration.

Task Force Additional background information

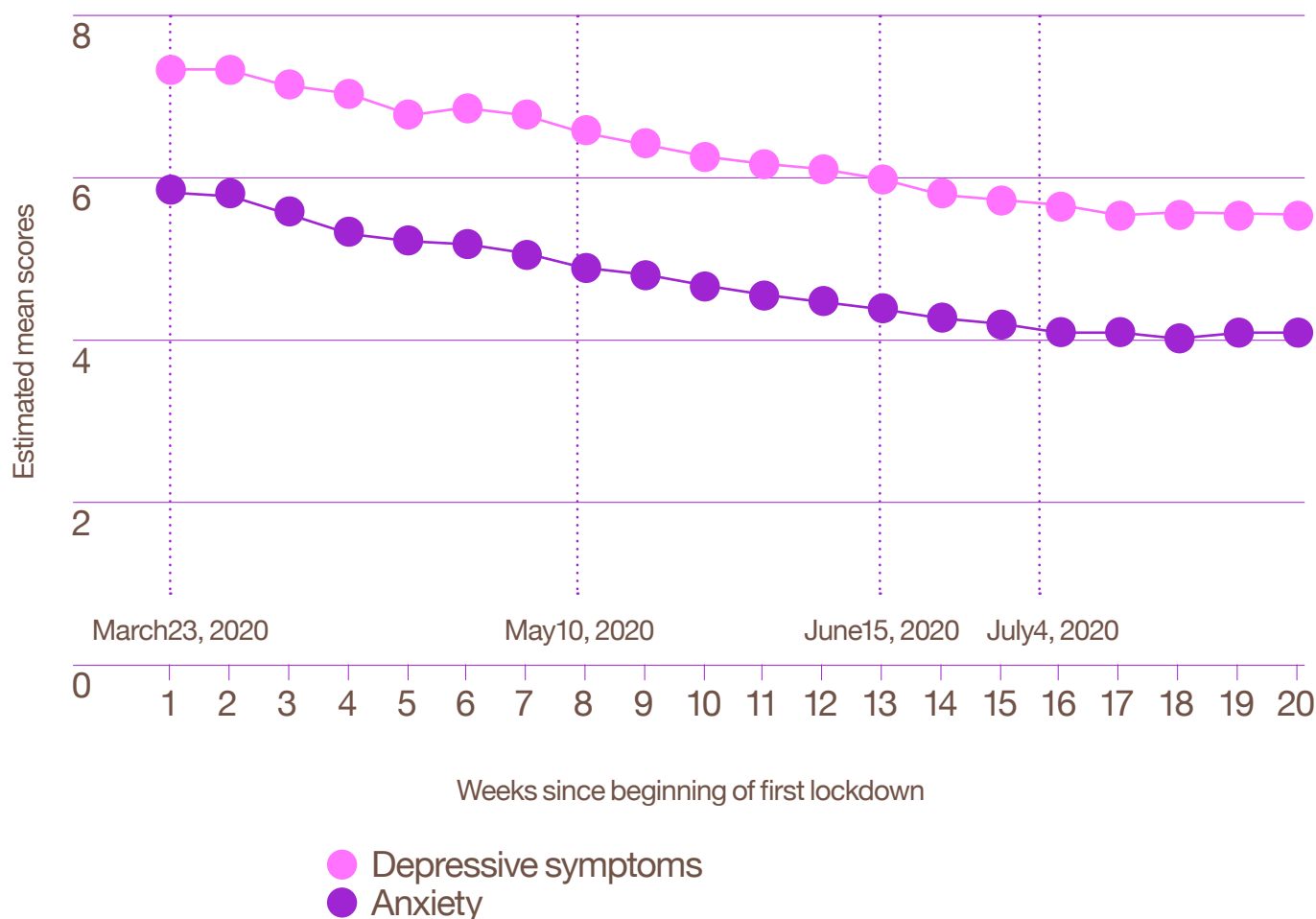
Change in total learning time between 2014 and 2020 lockdown, by family earnings



We define physically inactive as reporting not having walked or cycled for at least 30 continuous minutes at least once in the last four weeks, nor reported participating in any other type of sport or recreational physical activity of any duration.

Task Force Additional background information

Anxiety and depressive symptoms over the 2020 lockdown



Scores on anxiety were measured using the Generalised Anxiety Disorder assessment [range of scores: 0 (Very Low)–21 (Very High)] and scores on depressive symptoms were measured using the Patient Health Questionnaire [range of scores: 0 (Very Low)–27 (Very High)]. On March 23, the first lockdown commenced in England. On May 10, it was announced that strict lockdown was being eased. On June 15, non-essential retail was reopened. On July 4, further public amenities were reopened.

We define physically inactive as reporting not having walked or cycled for at least 30 continuous minutes at least once in the last four weeks, nor reported participating in any other type of sport or recreational physical activity of any duration.